



Ready to Make a Change? You're Not Alone.

Weekly Group Now Forming Only \$45 Per 90-Minute Session*

During weekly sessions, talk openly and confidentially about your work, romance, sex, friends, family, your goals and dreams, fears and challenges in an affordable, fun and safe environment where you can get expert insight, personalized feedback and practical advice.

Is Therapy Right for You?

You want things to change but don't know how to go about it. In other words, you just feel stuck. Dr. Gilbert can teach you how to tame your fears, develop relationship skills that work, find more effective ways to get what you want while better managing life's transitions.

Call Now: +1 (310) 500 8442

ReconnectRelationship.com

*Complementary consultation is required to meet group requirements and ensure that psychotherapy is right for you.

DrGilbert@ReconnectRelationship.com

Offices in Laguna Beach and Beverly Hills or via Skype